



Term 4 Week 8 2022

[www.plcc.sa.edu.au](http://www.plcc.sa.edu.au)

## Port Lincoln Children's Centre Newsletter

### Upcoming events:

14th December: Last day of kindy for Koala Group

16th December: Last day of kindy for Gulda group

22nd December: Last day of Long Day Care

9th January 2023: Long Day Care staff back at work

10th January: Long Day Care opens for children

Please have a look at our website and give us some feedback on easy to navigate, useful information.

Any feedback will be greatly appreciated.

### Coming Soon

Our website will be updated with new photos

Dear Families

It's that time of the year again to wish everyone a safe and happy holidays. This year has been challenging but it has also been a year of learning that has enabled children to make friends, learn new skills, become confident and independent, to be curious and collaborative with their peers. The children and staff have shown to be resilient in the face of Covid. We had quite a few staff, children and families affected by Covid throughout 2022. I thank my staff team for supporting each other as sometimes we felt overwhelmed with staff illnesses but we made it through till the end of the year. We have great relief staff who have supported us as well. We thank our families for continuing to support our centre, we had high enrolment numbers in Kindy and Long Day Care programs in 2022. If you know of any children currently not enrolled in kindy please let them know that there are spaces in kindy program for 2023. There will be changes in Kindy operating hours in 2023. Kindy parents / carers please take note of the letter given out in week 9 about your child's kindy sessions in 2023.

The Graduation Ceremony was a huge success with many families attending. The children were very excited when they put their Graduation gowns on. It is such a special time for them, they are looking forward to starting school. We wish them the best for the start of their school life in 2023.

Kindy parents please remember that it is your responsibility to bring your child to the bus. It is unsafe for children to run out of the house without parent supervision. Kindy staff cannot get off the bus due to duty of care of other children on the bus.

*Joanne*

*"Endurance is not just the ability to endure a hard thing, but to turn it into glory" William Barclay*

## Stop the Spread

[www.StopTheSpread.sa.gov.au](http://www.StopTheSpread.sa.gov.au)

[www.Australia.gov.au](http://www.Australia.gov.au)



## What's happening in Long Day Care....

As usual there has been lots happening at the Centre. One of the highlights this term was the visit from Police Officers Irish and Coen. We learnt a police officer is able to help us in an emergency and how to recognise a Police Officer by their uniform and special ID number. We also learnt the emergency telephone number "000" if we need help. Before they left we were able to look inside the Police car, see the flashing lights and listen to the siren.



Please take time to check out our weekly photograph book near the entrance door. It records much of the learning that takes place here. The children are always excited to see pictures of themselves and their friends and love to share stories about what they have been doing.



## 2022 Graduating Class

Thank you to all our families for attending our Graduation ceremony on Wednesday 7th December. It was an amazing day, the children were excited and proud to dress up in their Graduation gowns. A big Thanks to Brooke Cox and PLACC for providing a delicious meal to share with our children and families. Thanks to PLAHS for supporting children to have a great start to school with a backpack, lunch box and water bottle. PLCC Governing Committee for providing school hats for the children. Thanks to our staff for organising and pulling off a great morning for all. A fantastic way to end the year.



## Gulda Group: At kindy I am learning about...

Extending on Emergencies : We had a a visit from 2 policemen as part of our Child Protection Curriculum program. They discussed with the children about safety, their duties and their uniforms. Afterwards the children were able to sit in the police car and hear the very loud siren and see the flashing lights.



Welcome to our new friend Rayne

Literacy Focus : our Literacy focus book has been "Possum Magic" We have been learning about Possums on the big screen. We also had a "Possum Magic" picnic where the children prepared lamingtons and then decorated their individual meringues with cream and fruit pieces. Delicious!!!



## *Kitchen News.. Some recipes to cook with children*

Throughout 2022 we have tried different foods and recipes, some of the children have enjoyed and others not so much. The children have really embraced being the helper in the kitchen, this is a great opportunity to teach them about safety and preparing food for others. It would be fantastic if you would share with us any traditional food items or recipes that you cook and use at home. We are interested in learning more about native foods, herbs and plants to use and cook with for lunch.



Each week there was a helper in the kitchen to prepare morning tea for all the children.

The children carefully cut up the fruit and placed it on the platter to share. They then helped to serve the fruit by placing platters on the table for sharing.



### **Easy and healthy snacks ready in a jiffy**

- ◆ Vegetable sticks with dips, plain corn on the cob
- ◆ Crackers biscuits with salad (e.g. tomato), cheese or dips
- ◆ Cheese slices on wholegrain crackers or crisp bread
- ◆ Rice cakes thinly spread with ricotta or cream cheese and vegemite
- ◆ Raisin toast
- ◆ Fruit yoghurt
- ◆ Boiled egg with toast fingers\baked beans on toast
- ◆ Wholemeal toasted English muffins or pikelets with jam

Start Kids Eating Right cook book

### **Scrolls**

Heat oven to 180 degrees

#### Method:

Grease an oven tray or line with baking paper.

Sift 1 cup SR Flour and 1 cup Greek yoghurt into a bowl.

Mix together with a wooden spoon until it comes together. Tip out onto a floured bench and knead to make a smooth ball adding more flour if needed. Roll out into a rectangle shape.

Spread with tomato paste or tomato sauce.

Add toppings such as ham, chopped onion, capsicum, pineapple, grated carrot and zucchini, sweetcorn etc. Top with grated cheese.

Roll up tight so it looks like a Swiss roll.

Slice the roll to make pin wheel shaped pieces.

Place on the oven tray. Cook in the oven for around 20 mins or until cooked and bubbly cheese on top.

## Bushfire Season

- **Please provide your current phone number and emergency contacts**
- Please make sure your emergency contact phone numbers are current
- Please check out CFS website to prepare a Bushfire plan
- Please remember to monitor conditions for bushfire

Stay safe

If there is a fire on our body/clothes

- **Stop** - stay still
- **Cover** - our face,
- **Drop** - to the floor/ground and
- **Roll** - backwards and forwards to put the flames out

**If there is a Fire inside we go outside,**

**If there is a Fire outside we go inside**

### Long Day Care Holiday Break

Last day for 2022

Thursday 22nd December

Reopens in January 2023

Staff return on Monday 9th January

Children return on Tuesday 10th January

### Kindy Holiday Break

Koala group

Last day 14th December 2022

**Start kindy Monday 30th  
January 2023**

Gulda Group

Last day 16th December 2022

**Start kindy Thursday 2nd  
February 2023**

A few friendly reminders:

- Please pay over due kindy fees
- Please check clothing left at kindy
- Please keep your child's personal toys at home, we are not responsible for any loss or damage to personal toys brought to the centre
- Be mindful of healthy options for food. We are a NUT FREE centre that means NO Nutella, peanut butter etc
- Please dress your child in sunsmart clothing as our Hot Weather Policy states if the UV Rating is 3 or above there will be limited time in the sun
- Please send in extra clothing if you are toilet training your child, please talk to staff to make sure they know about toileting at home.