

Term 2 Week 23 2023 www.plcc.sa.edu.au

Port Lincoln Children's Centre Newsletter

Monday 29th May: Governing Committee meeting

Monday 12th June: Public Holiday

Monday 19th June: No Kindy

Mid-Year Intake: Term 3 letters to Gulda group parents

Thanks to Bakers Delight

For donating bread each week to provide sandwiches for children's lunch.

Dear Families

We have had a slow attendance start to term 2, especially in the Koala group who come on Monday, Tuesday and Wednesday fortnightly. Please let kindy know if your child will be away as the bus run takes about an hour and there has been no responses at some homes, which makes the bus run longer if we are going to homes and families are away. Please ring 86833073 before 8:30am if any changes to bus pick up in the morning.

With the change in seasons we will have more wet cold days, we are asking families to please keep sick children at home so any contagious illnesses do not spread. Runny or snotty noses usually is a sign that something is up with a child. We have had a number of children coming to the centre unwell. Please be considerate of other children and staff members who are susceptible to catching contagious illnesses. Reminder to send in extra clothes if your child is toilet training.

Recognition of 20 years Service to Lynn Bilney. Lynn has not only encouraged children's love for learning, she has helped them develop a sense of curiosity, supported them to investigate and research outdoor environment and specific topics, helped them to achieve and learn skills that will enable them to be confident and independent in life. Lynn has certainly made a difference in the lives of many staff, children and families over the 20 years.

54 reasons

Play2Learn: Playgroup
Lincoln Gardens Community Hub
31b Barley Road. Port Lincoln
1pm-3pm Tuesday
10am - 12pm Wednesday

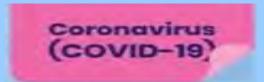
Joanne

"You cannot get through a single day without having an impact on the world around you. What you do makes a difference, and you have to decide what kind of difference you want to make" Readers Digest 2015

Stop the Spread

www.StopTheSpread.sa.gov.au

www. Australia.gov.au





What's happening in Childcare



It's been a busy few weeks in childcare with new enrolments, a kindergym visit, Mother's/Special persons day morning tea and Lynn being recognised for her 20 years of service at PLCC.



















We welcome Sophia, Lilly, Ronald and Jasmin to our childcare family









Koala group....

Welcome back to Kindy for Term 2.

We will be reading 'Wombat Stew', by Marcia K Vaughn and Pamela Lofts this term.

Children are cooking up a wombat stew, stirring and brewing, shells, plants, flowers, gum nuts, feathers, mud, flies, and creepy crawlies inside and outside.

We are learning the names of the animals, platypus, emu, blue tongue lizard, echidna, and koala, by clapping out the syllables.

We are learning about different animals in the story, using questions like 'what does he look like,?' 'what is he covered with?', what does he eat?', 'where does he live"?





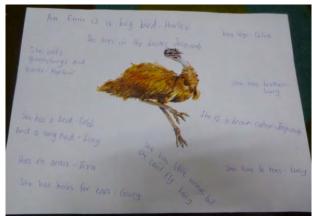
















Gulda Group INTEROCEPTION - BIRTHDAY BREATHING

Interception is a skill that will support my emotions such as being sad, angry, upset.



We did breathing inside to get ready for our learning. Nana Sissy held up 5 fingers representing 5 candle and she pretended we couldn't blow a candle out, so we had to blow harder. This supports us in focusing on listening to our breathing. We had to feel the air entering in through our nose, filling up our lungs and blowing out of our mouth.

We did this 5 times until our body is calm and relaxed. Great Breathing everyone... (other breathing skills we have done) Bumble Bee, Hot Air Balloon, Dragon, Calm the Baby, Rocket Ship, Flower, Rag Doll, Bubble, Pinwheel, Volcano, Steam Train, Bunny, Swimming, Happy...





























From the Kitchen

Over the holidays the children enjoyed coming into the kitchen and helping to make the morning tea.

We also had a make your own muffin pizza lunch one day.









For ANZAC Day we made some ANZAC biscuits. The children enjoyed them for afternoon tea. Children love to help with the fruit and making special treats to share.



SLEEPTASTIC PROJECT!

Hi everyone! We are Chloe and Jaz, two UniSA occupational therapy students who have been completing a university project in Port Lincoln during Term 1. The project has been focused on helping children with their sleep.

To help with this, we have made a website to answer any questions people have! The website contains information about what sleep is, what it should look like for children between 3-5 years old, and how to help children fall asleep better at night for parents & caregivers.

You can scan the QR code below to access the website (please note that you can only access the website through this link) - we hope it is useful for you!

Thanks, Jaz & Chloe



Our Display at Woolies

